

# MOIRA RYAN, LPC

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## SUMMARY

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Community health program manager who builds things that outlast the role — and has the receipts: 300% attendance growth, peer support curricula adopted independently by other organizations, clinical onboarding systems that actually get used. Fifteen years across nonprofit, residential, and consulting contexts. The LPC is a bonus.

## PROFESSIONAL EXPERIENCE

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### Therapist & Clinical Supervisor | Moira Ryan Consulting

*December 2014 - present*

- Private practice serving individual adults with specializations in social anxiety and tech work
- Provide 200+ pro bono surgery recommendation letters for TGD clients (so far!)
- Invited to present at TransPride YOUniting (2023) and the Washington Mental Health Counseling Association (2026) - advancing systemic change in how clinicians approach TGD care

### Group Soundbath Facilitator | Rumore Forte Soundbaths

*February 2025 - present*

- Play gong, bowls, chimes, and drum for public events and private retreats
- Monthly residencies at Friendly House Community Center & New Renaissance Bookshop

### Clinical Supervisor | William Temple House

*June 2025 - June 2026*

### Volunteer Field Supervisor | William Temple House

*January 2016 - July 2019*

- Supported 4-6 student clinicians per term at a neighborhood nonprofit dedicated to offering accessible mental health care regardless of clients' ability to pay
- Developed *The Listening Program*, a comprehensive orientation and how-to guide for person-centered drop-in support during food pantry hours toward increasing accessibility of counseling services

### Clinical Director | Brave Hope Counseling

*May 2024 - September 2024*

- Conducted structured empathy interviews with staff and management to redesign clinical documentation templates, achieving a **90% improvement in documentation compliance**
- Developed AI-assisted interactive onboarding modules that dramatically accelerated staff proficiency with CareOregon requirements

### **Internship Coordinator | Open Space Counseling**

*July 2021 - April 2024*

- Transformed a standard therapy role into one of the region's few structured internship programs with an explicit focus on TGD-affirming care, and mentored 4-6 interns per term across varied graduate programs
- Designed a full evidence-based training curriculum - including interview and onboarding protocols, pre/post assessments, curated academic resources, and a policy handbook - from the ground up

### **Therapist | Persad Center**

*November 2019 - July 2021*

- Provided individual therapy at the second-oldest-running LGBTQIA+-focused clinic in the nation
- Mentored junior clinicians in crisis intervention protocols, and assisted with unionization efforts

### **Adjunct Professor | Point Park University**

*September 2019 - December 2019*

- Co-designed and taught a Theories of Personality course with 40 performing arts undergrads, tailoring psychological frameworks to a creative, interdisciplinary audience

### **Wellness Services Coordinator | Central City Concern**

*March 2015 - July 2019*

- Transformed occupational therapist's assistant role and built something much larger - a community-driven arts and wellness initiative grounded in peer leadership and rigorous program design
- Grew weekly program attendance by **300%** through responsive, community-led programming
- Launched peer support infrastructure by developing a 13-week peer support skills class with a built-in leadership ladder - from participant to co-facilitator to group lead - recruiting client-peers and community volunteers with lived experience to grow into leadership roles at their own pace
- Produced a client art exhibition that generated \$4,000 in revenue, split between artist empowerment funds and program supplies
- Created *Cooking with Confidence*, a culturally-diverse cookbook integrating experiential activities to help participants explore flavors and learn basic cooking skills, developed from community-led "Teach Us Your Recipe" workshops

### **Lead Residential Counselor, The Royal Palm (Cascadia BHC)**

*September 2009 - November 2014*

- Served as sole on-site supervisor for weekend operations at a transitional housing facility for 50 residents living with severe and persistent mental illness and chronic homelessness, managing crisis intervention, medication oversight, and staff training independently
- Maintained active housing relationships with landlords, guided clients through applications and move-ins, and advocated for reasonable accommodations requests; certified RentWell instructor

## EDUCATION & CREDENTIALS

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Group Soundbath Player certification, The Soundbath Center of LA	2025
Ketamine-Assisted Psychotherapy, Journey Clinical/Fluence	2025
Star Behavioral Health Provider (pro bono counseling for veterans)	2024
Certificate in Traumatic Stress Studies, Trauma Research Foundation	2022
Certified Gender Specialist (GEI SOC8), WPATH	2021
Nationally Approved Clinical Supervisor, NBCC	2020
Approved PCA/MFTA Supervisor, Oregon Board of Counselors	2018
Licensed Professional Counselor, Oregon (License C7616)	2017
Certified Yoga Teacher (CYT-200), Aura Wellness Center	2017
MA, Counseling & Addiction Studies, Lewis & Clark College	2014
BA, Psychology, UNC-Chapel Hill	2008

## PRESENTATIONS & AFFILIATIONS

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Presenter, Weaving Connections Conference (WMHCA)	May 2026
Presenter, TransPride YOUuniting Conference	October 2023
Member, Oregon SAIGE	2026
Member, Oregon Trans Health Coalition	2026
Member, GLMA (Health Professionals Advancing LGBTQ+ Equality)	2024
Member, World Professional Association for Transgender Health	2020
Human Rights Award, Oregon Counseling Association	2017

## COMMUNITY INVOLVEMENT

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Behavioral Health Committee, Charlene Arcila Trans Wellness Collective	January 2025 - December 2025
Diversity, Equity & Inclusion Committee (founding member), WPATH	January 2022 - January 2025
Prep Cook, Milk Crate Kitchen (mutual aid meal delivery)	October 2023 - June 2025
Human Rights Chair, Oregon Counseling Association	January 2018 - December 2018
Newsletter Editor, Oregon Counseling Association	February 2016 - March 2019
Yoga Teacher, Living Yoga & Outside In	September 2015 - August 2019
Communications Committee, Existential-Humanistic NW	September 2015 - July 2017
First Response Volunteer, Family Violence Prevention Center	October 2003 - January 2008