

MOIRA RYAN, LPC

she/her | counseling@moiraryan.com | 503-468-6998

PROFESSIONAL EXPERIENCE

Therapist & Supervisor | Moira Ryan Consulting

December 2014 - present

- Established private practice serving individual adults with specializations in social anxiety and tech work
- Provide 200+ pro bono surgery recommendation letters for TGD clients (so far!)
- Developed and presented training at 2023's TransPride YOUuniting Conference and at 2026's Washington Mental Health Counseling Association's conference aimed at improving access to care by demystifying medical documentation requirements for TGD care

Group Soundbath Facilitator | Rumore Forte Soundbaths

February 2025 - present

- Play gong, bowls, chimes, and drum for public events and private retreats
- Monthly standing gigs at Friendly House Community Center & New Renaissance Bookshop

Clinical Supervisor | William Temple House

June 2025 - June 2026

Volunteer Field Supervisor | William Temple House

January 2016 - July 2019

- Provide strengths-based supervision to 2-6 student interns per term at neighborhood nonprofit dedicated to offering accessible mental health care regardless of clients' ability to pay
- Developed orientation/how-to guide for person-centered drop-in support, The Listening Program

Clinical Director | Brave Hope Counseling

May 2024 - September 2024

- Led human-centered redesign of clinical documentation templates through structured empathy interviews with staff and management, achieving 90% improvement in documentation compliance
- Developed innovative onboarding processes by leveraging AI to create interactive training modules, significantly improving staff proficiency with CareOregon requirements and EHR navigation

Internship Coordinator | Open Space Counseling

July 2021 - April 2024

- Transformed standard counseling role into comprehensive internship program focused on TGD care, serving 4-6 interns from varied programs annually
- Created evidence-based curriculum including interview and onboarding protocols, pre/post assessment surveys, curated academic resources, and a policy handbook

Therapist | Persad Center*November 2019 - July 2021*

- Collaborated with multidisciplinary team to provide individual therapy services at the second-oldest-running LGBTQIA+-focused clinic in the nation
- Mentored junior clinicians in crisis intervention protocols, and assisted with unionization efforts

Adjunct Professor | Point Park University*September 2019 - December 2019*

- Collaboratively designed course on Theories of Personality with 40 performing arts undergrads

Wellness Services Coordinator | Central City Concern*March 2015 - July 2019*

- Transformed occupational therapist's assistant role into comprehensive arts and wellness initiative through data-driven approach and client co-led program design
- Created peer leadership opportunities by developing a 13-week peer support skills class and recruiting client-peers and external volunteers with lived experience to lead or co-lead groups
- Achieved 300% increase in weekly attendance through responsive, community-driven programming
- Conceptualized and executed client art exhibition generating \$4,000 in revenue, which split between artist empowerment and program supplies
- Created "Cooking with Confidence," a culturally-diverse cookbook integrating experiential activities to help participants explore flavors and learn basic cooking skills, developed from community-led "Teach Us Your Recipe" workshops

Lead Residential Counselor, The Royal Palm (Cascadia BHC)*September 2009 - November 2014*

- Responsible for quarterly researching of local low-income housing opportunities; maintaining relationships with landlords; assisting clients with applications, move-ins, cleaning/maintaining, and reasonable accommodations requests; certified RentWell instructor
- Led weekend operations as sole on-site supervisor for transitional housing facility, providing crisis intervention, medication management, and staff training for 50 residents dealing with severe and persistent mental illness and chronic homelessness

EDUCATION & CREDENTIALS

Group Soundbath Player certification, The Soundbath Center of LA	2025
Ketamine-Assisted Psychotherapy, Journey Clinical/Fluence	2025
Star Behavioral Health Provider (pro bono counseling for veterans)	2024
Certificate in Traumatic Stress Studies, Trauma Research Foundation	2022
Certified Gender Specialist (GEI SOC8), WPATH	2021
Nationally Approved Clinical Supervisor, NBCC	2020
Approved PCA/MFTA Supervisor, Oregon Board of Counselors	2018

Licensed Professional Counselor, Oregon (License C7616)	2017
Certified Yoga Teacher (CYT-200), Aura Wellness Center	2017
MA, Counseling & Addiction Studies, Lewis & Clark College	2014
BA, Psychology, UNC-Chapel Hill	2008

PRESENTATIONS & AFFILIATIONS

Presenter, Weaving Connections Conference (WMHCA)	May 2026
Presenter, TransPride YOUning Conference	October 2023
Member, Oregon SAIGE	2026
Member, GLMA (Health Professionals Advancing LGBTQ+ Equality)	2024
Member, World Professional Association for Transgender Health	2020
Human Rights Award, Oregon Counseling Association	2017

COMMUNITY INVOLVEMENT

Behavioral Health Committee, Charlene Arcila Trans Wellness Collective	January 2025 - December 2025
Diversity, Inclusion, & Cultural Engagement Committee, WPATH	January 2022 - January 2025
Prep Cook, Milk Crate Kitchen	October 2023 - June 2025
Human Rights Chair, Oregon Counseling Association	January 2018 - December 2018
Newsletter Editor, Oregon Counseling Association	February 2016 - March 2019
Yoga Teacher, Living Yoga & Outside In	September 2015 - August 2019
Communications Committee, Existential-Humanistic NW	September 2015 - July 2017