

Moira Ryan, LPC

she/her | counseling@moiraryan.com | 503-468-6998

Summary

Community health program manager who builds things that outlast the role – and has the receipts: consistent attendance growth, peer support curricula adopted independently by other organizations, clinical onboarding systems that actually get used. Fifteen years across nonprofit, residential, and consulting contexts. The LPC is a bonus.

Professional Experience

Therapist & Clinical Supervisor | Moira Ryan Consulting *December 2014 - present*

- Private practice serving individual adults with specializations in social anxiety and tech work
- Provide 200+ pro bono surgery recommendation letters for TGD clients (so far!)
- Invited to present at TransPride YOUNiting (2023) and the Washington Mental Health Counseling Association (2026) on topics of transgender history and letters of support

Clinical Supervisor | Pluto Mental Health *July 2026 - present*

- Support 8 associate counselors/novice entrepreneurs in their work toward licensure

Group Soundbath Facilitator | Rumore Forte Soundbaths *February 2025 - present*

- Play gong, bowls, chimes, and drum for public events and private retreats
- Monthly residencies at Friendly House Community Center & New Renaissance Bookshop

Clinical Supervisor | William Temple House *June 2025 - June 2026*

Volunteer Field Supervisor | WTH *January 2016 - July 2019*

- Supported 4-6 student clinicians per term at a neighborhood nonprofit dedicated to offering accessible mental health care regardless of clients' ability to pay
- Developed *The Listening Program*, a comprehensive orientation and how-to guide for person-centered drop-in support during food pantry hours toward increasing accessibility of counseling services

Clinical Director | Brave Hope Counseling *May 2024 - September 2024*

- Conducted structured empathy interviews with staff and management to redesign clinical documentation templates, achieving a 90% improvement in documentation compliance
- Developed AI-assisted interactive onboarding modules that dramatically accelerated staff proficiency with CareOregon requirements

Internship Coordinator | Open Space Counseling

July 2021 - April 2024

- Transformed a standard therapy role into one of the region's few structured internship programs with an explicit focus on TGD-affirming care, and mentored 4-6 interns per term across varied graduate programs
- Designed a full evidence-based training curriculum - including interview and onboarding protocols, pre/post assessments, curated academic resources, and a policy handbook - from the ground up

Therapist | Persad Center

November 2019 - July 2021

- Provided individual therapy at the second-oldest-running LGBTQIA+-focused clinic in the nation
- Mentored junior clinicians in crisis intervention protocols, and assisted with unionization efforts

Adjunct Professor | Point Park University

September 2019 - December 2019

- Co-designed and taught a Theories of Personality course with 40 performing arts undergrads

Wellness Services Coordinator | Central City Concern

March 2015 - July 2019

- Transformed occupational therapist's assistant role and built something much larger - a community-driven arts and wellness initiative grounded in peer leadership and rigorous program design
- Grew weekly program attendance by 300% through responsive, community-led programming
- Launched peer support infrastructure by developing a 13-week peer support skills class with a built-in leadership ladder - from participant to co-facilitator to group lead - recruiting client-peers and community volunteers with lived experience to grow into leadership roles at their own pace
- Produced a client art exhibition that generated \$4,000 in revenue, split between artist empowerment funds and program supplies
- Created *Cooking with Confidence*, a culturally-diverse cookbook integrating experiential activities to help participants explore flavors and learn basic cooking skills, developed from community-led "Teach Us Your Recipe" workshops

Lead Residential Counselor, The Royal Palm (Cascadia BHC) *September 2009 - November 2014*

- Served as sole on-site supervisor for weekend operations at a transitional housing facility for 50 residents living with severe and persistent mental illness and chronic homelessness, managing crisis intervention, medication oversight, and staff training independently
- Maintained active housing relationships with landlords, guided clients through applications and move-ins, and advocated for reasonable accommodations requests; certified RentWell instructor

Education & Credentials

Group Soundbath Player certification, The Soundbath Center of LA	2025
Ketamine-Assisted Psychotherapy, Journey Clinical/Fluence	2025
Certificate in Traumatic Stress Studies, Trauma Research Foundation	2022
Certified Gender Specialist (GEI SOC8), WPATH	2021
Nationally Approved Clinical Supervisor, NBCC	2020
Approved PCA/MFTA Supervisor, Oregon Board of Counselors	2018
Licensed Professional Counselor, Oregon (License C7616)	2017
Certified Yoga Teacher (CYT-200), Aura Wellness Center	2017
MA, Counseling & Addiction Studies, Lewis & Clark College	2014
BA, Psychology, UNC-Chapel Hill	2008

Community Involvement

Secretary, Oregon SAIGE	<i>June 2026 - present</i>
Presenter, Weaving Connections Conference (WMHCA)	<i>May 2026</i>
Member, Oregon Trans Health Coalition	<i>April 2026 - present</i>
Behavioral Health Committee, Philadelphia Trans Wellness Conference	<i>January 2025 - December 2025</i>
Member, DICE Committee (founding member), WPATH	<i>January 2022 - January 2025</i>
Member, GLMA (Health Professionals Advancing LGBTQ+ Equality)	<i>December 2024 - present</i>
Star Behavioral Health Provider (pro bono counseling for veterans)	<i>July 2024 - present</i>
Prep Cook, Milk Crate Kitchen (mutual aid meal delivery)	<i>October 2023 - June 2025</i>
Presenter, TransPride YOUniting Conference	<i>October 2023</i>
Member, World Professional Association for Transgender Health	<i>February 2020 - present</i>
Human Rights Chair, Oregon Counseling Association	<i>January 2018 - December 2018</i>
Newsletter Editor, Oregon Counseling Association	<i>February 2016 - March 2019</i>
Yoga Teacher, Living Yoga & Outside In	<i>September 2015 - August 2019</i>
Human Rights Award, Oregon Counseling Association	<i>October 2017</i>
Communications Committee, Existential-Humanistic NW	<i>September 2015 - July 2017</i>
First Response Volunteer, Family Violence Prevention Center	<i>October 2003 - January 2008</i>